

No, Israeli Soldiers Don't Use Arab Kids for Target Practice

THE LIE

Israeli soldiers deliberately kill Arab children and use them for target practice.

THE TRUTH

Israeli soldiers do no such thing. The IDF protects civilians more extensively than any other military in the world.

BACKGROUND

- Podcaster Natali Morris tweeted on June 24, 2026 that Israeli soldiers shoot Arab boys for target practice, rotating which body part they aim at by day of the week: "Israeli soldiers use young boys for 'target practice,'" she tweeted. "As in, Mondays, we shoot the stomach, Tuesdays, the knees, etc."
- Morris said the claim was backed by a BBC article and corroborated by a recent United Nations report.
- Marjorie Taylor Greene retweeted it, calling Israelis "child killers." ([X](#))

TRUTH EXPLAINED

- The "target practice" claim traces back to one source: an anonymous doctor who visited Gaza and offered a personal "assessment." The UN did not verify it. There are no witnesses, footage, or forensic evidence. ([UN OHCHR](#))
- The report accuses Israel of deliberately hunting and killing civilian children for no reason other than killing them, but it cannot produce a single verified example. ([UN OHCHR](#))
- Its marquee case is a ten-day-old baby allegedly shot through the head by a drone while breastfeeding inside a tent. The Commission's entire case for deliberate targeting is that it happened in daylight, so the drone operator *could have* seen inside. No chain of custody, ballistics report, or even witness who claimed to have seen a drone. ([UN](#)), ([UN Watch](#))
- Its most credible case actually destroys its own argument. An IDF soldier's testimony – cited as proof of a child-killing culture – reveals his unit shot a Gazan teenager because of a standing order: anyone crossing a restricted line is a terrorist, period. They didn't know who he was until they checked his phone afterward. Rules of engagement are not proof of a policy to murder children. ([UN OHCHR](#)), ([The Spectator](#)), ([UN Watch](#))
- Doctors can treat bullet wounds. They cannot tell you which weapon fired the bullet, from where, or why. Family members can only describe what they personally saw. The Commission treats both as hard evidence of premeditated murder. ([UN OHCHR](#))
- The report also ignores Hamas' well-documented use of child soldiers – kids as young as 12, recruited through military training camps, and celebrated as martyrs when killed. A commission investigating children in armed conflict that never once examines Hamas's recruitment of child soldiers, its military summer camps for twelve-year-olds, or its practice of celebrating dead children as martyrs – that commission hasn't missed evidence. It has made a choice. And the choice tells you everything about the verdict it intended to reach before it read a single document. ([UN OHCHR](#))
- Most critically, the Commission simply invents a legal standard. Under its logic, if civilians died in a strike, the strike was deliberately aimed at civilians. That is not the Law of Armed Conflict. That is not any law. International humanitarian law has always permitted military strikes on legitimate targets even when civilian casualties are foreseeable – what it requires is proportionality and reasonable precaution. The Commission quietly discards this framework and replaces it with its own: death equals intent. By that standard, every military in history has committed war crimes. ([UN](#)), ([The Spectator](#)), ([UN Watch](#))
- The IDF does not simply strike and move on. Before targeting a building, Israeli forces issue phone calls and text messages to residents. They broadcast warnings over local radio. They drop leaflets. They use a tactic called "roof knocking" – a small non-lethal munition fired onto a roof to signal that a real strike is imminent and evacuation is urgent.

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Each of these steps forfeits tactical surprise and gives the enemy advance warning, at real cost to Israeli soldiers. No military in the world is legally required to do any of this – certainly not when fighting an enemy that deliberately embeds itself among civilians and uses them as shields. The IDF does it anyway. ([Israel Truth Network](#)), ([NATO](#)), ([Hoover Institution](#))

- The report was issued by the UN Human Rights Council – a body whose current members include China, which runs concentration camps for its Muslim minority; Cuba, which imprisons political dissidents for decades; and Pakistan, which ranks among the world's worst abusers of religious minorities and women. This is the tribunal that presumes to sit in judgment over Israel's conduct. The Council was not designed to investigate human rights. It was designed to provide cover for their violation, with Israel as the permanent defendant. ([UN](#))

QUOTES

"A UN Commission of Inquiry is not just a press release, it is a sort of laundering operation. Activist claims, unverified family testimony and hospital hearsay that would never survive a courtroom go in one end; out the other comes a glossy document bearing the UN crest and the imprimatur of 'independent' experts." – Jonathan Sacerdoti, *The Spectator*

TAKEAWAY

The UN's latest blood libel – Israeli soldiers using Arab children for "target practice," rotating body parts by day of the week – rests on nothing but one anonymous doctor's hunch in a report that can't prove its own headline. No evidence, no forensics, no verified cases, just speculative guesses and family testimony while Hamas's child soldiers, human shields, and embedded terror infrastructure magically disappear from the analysis.

Yet podcaster Natali Morris rushed to broadcast this garbage as fact. Marjorie Taylor Greene, desperate for relevance and applause, retweeted it with the inflammatory tag "child killers." Both are reckless propagandists who traffic in anti-Israel conspiracy theories without the slightest due diligence.