

New Evidence Debunks the Gaza Famine Narrative (Again)

THE LIE

Israel deliberately starved Gaza's population as a weapon of war.

THE TRUTH

New UNICEF data shows Gaza's child malnutrition rate at just 0.2%–0.8%, at or below pre-war levels — the same UN system that declared famine now undercuts it. Additionally freed hostage Evyatar David in a new interview with CNN, says his Hamas captors laughed over cake and tea beside his starving body, proving Hamas had food and chose to starve its captives while pushing the famine narrative.

BACKGROUND

→ In August 2025, Hamas released a propaganda video showing an emaciated Evyatar David - an Israeli kidnapped on October 7, 2023 - being forced to dig his own grave. Hamas and its supporters immediately used his condition as visual 'proof' of Israeli siege conditions causing food shortages across Gaza. His brother Ilay warned publicly that Evyatar was being 'starved to the point where he can be dead at any moment.'

→ Senator Bernie Sanders (July 25, 2025) declared children were 'starving to death in increasing numbers' with their 'organs shutting down.' Zohran Mamdani called it 'a heinous war crime' by the Israeli government. UN Special Rapporteur Michael Fakhri claimed Israel had built 'the most efficient starvation machine you can imagine.' The ICC cited starvation as a method of warfare in its arrest warrant for Prime Minister Netanyahu. [Daily Wire](#)

→ The IPC (the UN-backed body that assesses food crises worldwide) has never retracted or explained its August 2025 Gaza famine declaration. Its own December 2025 report admitted "there is no famine in Gaza" and conditions had markedly improved — but dismissed the methodological criticism as mere "confusion" rather than correcting it. [COGAT](#). [COGAT](#)

TRUTH EXPLAINED

→ The UNICEF-led Gaza SMART Nutrition Survey - presented July 22, 2026, covering 1,335 children under age 5 across roughly 83% of Gaza's population - found acute malnutrition rates of just 0.2% to 0.8% by weight-for-height and 1.3% by arm circumference. Evaluators concluded there was 'no widespread acute malnutrition at population level.' Rates were at or below pre-war levels and lower than neighboring countries. [The Free Press](#)

→ The U.S. State Department said the UNICEF findings 'completely shatters starvation claims against Israel,' noting Israel had provided over 2 million tons of food into Gaza since the ceasefire. [Fox News](#)

→ Israeli Ambassador to the UN Danny Danon called the famine accusations a 'blood libel' and exposed the sourcing problem directly: 'When we actually answered those claims and asked our colleagues where they got the data, the answer was that they relied on Hamas reports.' The IPC's famine declaration was built on numbers Hamas itself provided. [Fox News](#)

→ Evyatar David's Hamas guards told him 'there is no food in Gaza' - while eating cake and drinking tea on the other side of the wall. His treating physician confirmed severe metabolic trauma from deliberate starvation. Hamas withheld food from hostages, then used photographs of their emaciated bodies as 'evidence' for the famine narrative Hamas itself manufactured. via @biannagolodryga. [CNN](#)

→ Two pieces of evidence point to the same conclusion at different scales. At the individual level, David's testimony describes Hamas guards hoarding food while starving a hostage — and lying about it. At the population level, UNICEF's independent survey found no famine. Hamas ran an information operation, and senators, UN bodies, and the ICC repeated it without ever asking where the numbers came from. [The Free Press](#)

New Evidence Debunks the Gaza Famine Narrative (Again)

QUOTES

"I can hear them laughing and eating cakes and drinking tea, like there is no person walking next to them..." - Evyatar David, former Hamas hostage, CNN interview with Bianna Golodryga, August 27, 2026

"When we actually answered those claims and asked our colleagues where they got the data, the answer was that they relied on Hamas reports." - Danny Danon, Israeli Ambassador to the UN, Fox News, August 11, 2026

TAKEAWAY

Hamas starved its hostages, photographed their bodies, fed fabricated deprivation numbers to UN monitoring bodies, and watched the world accuse Israel of genocide. Senators, UN rapporteurs, and the ICC repeated Hamas's own data as fact - without ever asking where the numbers came from. When UNICEF actually sent independent researchers into Gaza and measured 1,335 real children, the malnutrition rates came in far below what Hamas had reported. Evyatar David's testimony shows the same thing up close: the guards who told him there was no food in Gaza were laughing, eating cake, and drinking tea on the other side of the wall. This was not a reporting failure. It was a Hamas information operation - and much of the international community ran it for free.